

Center for Arts and Wellness
2017 SUMMER PROGRAM

'Make-A-Movie' Film Making: By Harbal Singh

The One-Week Make-a-Movie summer camp is a hands-on intensive program in which students will get the opportunity to learn to make movies, including: writing a screenplay/script, lighting, shooting video, operating sound, directing crew/actors, acting and editing video. Students will work in groups to create original movies projects, rotate among crew positions to learn different jobs on the film set and screen their work for

Dates: July 24 - 28/ Aug 7 - 11

Timings: 9.00 am – 5.00 pm

Rates: \$475

Little Medical School: By Ragoo Raghunathan

Let your child come and experience Little Medical School®, where we are inspiring tomorrow's healthcare professionals today. The class brings medicine, science and the importance of health to children in an entertaining, exciting and fun way.

Dates: July 10 - 13

Timings: Monday to Thursday 9.00 am– 4.00 pm

Rates: \$325

Little Veterinary School: By Ragoo Raghunathan

Little Veterinarian School® encourages elementary school children to role play and explore the exciting world of veterinarians. Using interactive demonstrations, crafts and games, kids learn how to take care of a pet and use instruments that real veterinarians use.

Dates: July 17 – 20

Timings: Monday to Thursday 9.00 am– 4.00 pm

Rates: \$325

Bollywood Dance: By Nikita Rao

Nikita's unique dance style and choreography fuses a diverse repertoire including Indian styles, such as Kathak, Bharatanatyam, Bhangra, and Folk; and, western staples such as Hip-Hop, Contemporary, and

Jazz. Her unique choreographies fuse modern dance styles with today's most popular and vibrant Hindi music.

Dates: July 31 – August 25

Timings: Monday to Thursday, 10.00 am – 12.00 pm (4-8 yrs); 12.30 pm – 2.30 pm (8+ yrs)

Rates: \$99 / week

Shloka: By Sobana Narasimhan

Classes include learning of short Shlokas, Bhajans and Vishnu Sahastranamam for kids and Narayaniyam and Bhajans for Adults.

Dates: July 17-August 31

Timings: Wednesdays 6.15 pm - 7.15 pm (Kids); Thursdays 6.15 pm - 7.15 pm (Adults)

Rates: \$80 for 10 week session

'Dare To Draw' Art Camp: By Sue Funk

Ever feel so frustrated because a drawing of a pony or baseball player just doesn't look the way you feel it should? In this class, we will work on lots of basics to help you draw the way you want to! We learn how to draw faces, bodies, still lifes, landscapes, and perspective. Our goal is that you feel confident drawing a 3 foot giraffe with stripes and checkered tail driving down Route 9 in a yellow school bus – or anything else that you choose!

Dates: August 7 - 11

Timings: 9.00 am – 5.00 pm

Rates: \$400

Mehndi/Henna: By Khyati Trivedi

Learn about the beautiful tradition of Indian and Pakistani art of body painting in a fun and relaxed atmosphere. Bring out your creative side and learn about beautiful flowing designs depicting nature. The teaching will be flexible to each student's pace of learning. All natural products will be used with no chemicals.

Dates: Jun 26 – Aug 23

Timings: Wednesdays 6.00 pm – 7.00 pm

Rates: \$120 / 6-week session

Bhangra: By Jaspreet and Simran

Learn Bhangra which is a fusion of music and dance originating from the Punjab region of India and Pakistan. In its earliest form it was a celebratory folk dance which welcomed the coming of spring, or Vaisakhi, as it is known. Today Bhangra has evolved and is integrated into popular Asian culture after being mixed with hip hop, house and reggae styles of music. The class will focus on various dance techniques using modern Punjabi and Hindi songs, mixed with popular American songs, making the dances energetic and fun for both the dancers and the audience. The class will cover a range of styles from the subgenres of bhangra, including Jhumar, Dhamal, Daankara, Luddi, Gatka, Giddha, and much more.

Dates: July 10 – Aug 25

Timings: Monday to Thursday, 3.00 pm – 5.00 pm

Rates: \$99/ week for 4 day session

Fitness Physics Bootcamp: Claudio Xavier (Elementary and Middle School kids)

If you're looking to excel your athletic game and technical ability in sports AND excel academic readiness for STEM (science, technology, engineering and math) education, FITNESS PHYSICS is for you! This bootcamp combines the experience of learning basic laws of physics through creative lessons, games, and exercise simulations. This condensed course is designed to introduce the concepts and principles of Physics around themes of "energy and matter". Topics will include: four Fundamental forces in nature, importance of rationalism and the scientific method to apply for most problem solving techniques, speed, velocity, acceleration, falling bodies, projectile motion, Newton's laws, induced forces, momentum and impulse, conservation of momentum, rotational motion, moment of inertia, and conservation of angular momentum. Kids learn laws of physics by seeing them come to life through their athletic ability in fun activities.

Dates: July 24 - 28

Timings: 9.00 am – 3.00 pm

Rates: \$400